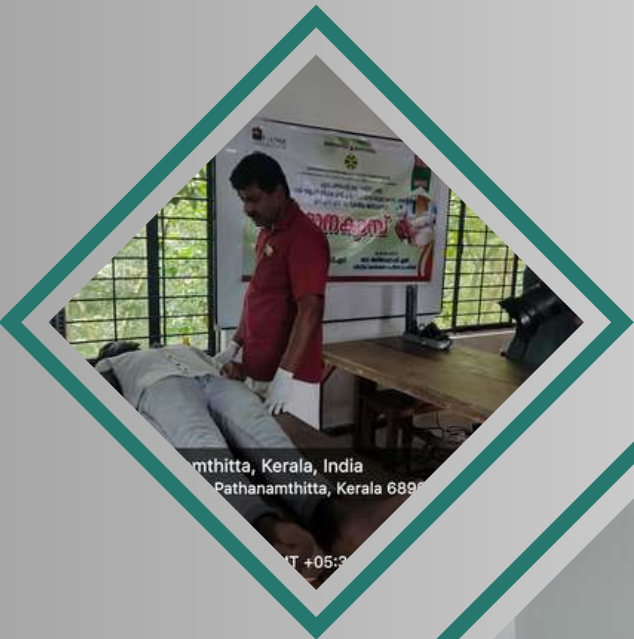


# 11 JULY 2023

# BLOOD DONATION CAMP

NSS Organized a highly successful blood donation camp, demonstrating our commitment to saving lives and serving the community. The event attracted a significant turnout of students, faculty, and staff who generously volunteered to donate blood.



Pathanamthitta, Kerala, India  
Pathanamthitta, Kerala 689691

+05:30



Pathanamthitta, Kerala, India  
Pathanamthitta, Kerala 689691

+05:30



Kerala, India  
Pathanamthitta, Kerala 689691, India

+05:30



Pathanamthitta, Kerala, India  
Pathanamthitta, Kerala 689691

reallygreatsite.com

+05:30

# Seminar on LifeStyle Diseases

14 JULY  
2023



The college hosted a transformative seminar focused on lifestyle diseases, aiming to raise awareness and empower individuals to adopt healthier lifestyles. The seminar featured an expert speaker, Dr. Anup Muraleedharan who provided insights into the causes, effects, and prevention strategies for common lifestyle-related health conditions.

Attendees gained valuable knowledge about the impact of factors such as diet, physical activity, stress, and sleep on overall health and well-being. Through interactive sessions and engaging discussions, participants learned practical tips and strategies to mitigate the risk of lifestyle diseases and enhance their quality of life.



GPS Map

Pathanamthitta, Kerala, India  
6R9W+75J, Pathanamthitta, Kerala 689691, India  
Lat 9.218242°  
Long 76.845303°  
14/07/23 02:40 PM GMT +05:30

SAS SNDP Yogam College, Konni  
An aided college affiliated to MG University Kottayam  
Reaccredited by NAAC with grade 'A'

Dept. of Physical Education  
Organizes Seminar on  
ജീവിത ശൈലി രോഗങ്ങൾ -  
ആയുർവേദത്തിന്റെ പ്രാധാന്യം

Resource Person :  
Dr. ANUP MURALEEDHARAN

14/07/2023 | 2 PM  
College Seminar Hall

Coordinator:  
Prof.(Dr.) Kishor Kumar B S

Principal: Prof.(Dr.)Kishor Kumar B S  
IQAC Coordinator: Smt.Simi M



GPS Map

Pathanamthitta, Kerala, India  
6R9W+75J, Pathanamthitta, Kerala 689691, India  
Lat 9.218248°  
Long 76.845302°  
14/07/23 02:39 PM GMT +05:30



# INDEPENDENCE DAY

## 15TH AUGUST



# SEMINAR MENTAL HEALTH

## 09/11/23

Expert speakers and mental health professionals provided valuable insights into various aspects of mental health, including common disorders, coping strategies, and stigma reduction. Through informative presentations, interactive workshops, and open discussions, attendees gained a deeper understanding of mental health issues and the importance of seeking help and support.

The seminar also emphasized the significance of creating a supportive and inclusive environment that promotes mental wellness and destigmatizes seeking help for mental health concerns. Participants were encouraged to prioritize self-care, reach out to support networks, and engage in open dialogue about mental health.



# ELECTORAL ENROLMENT CAMP

24/11/2023



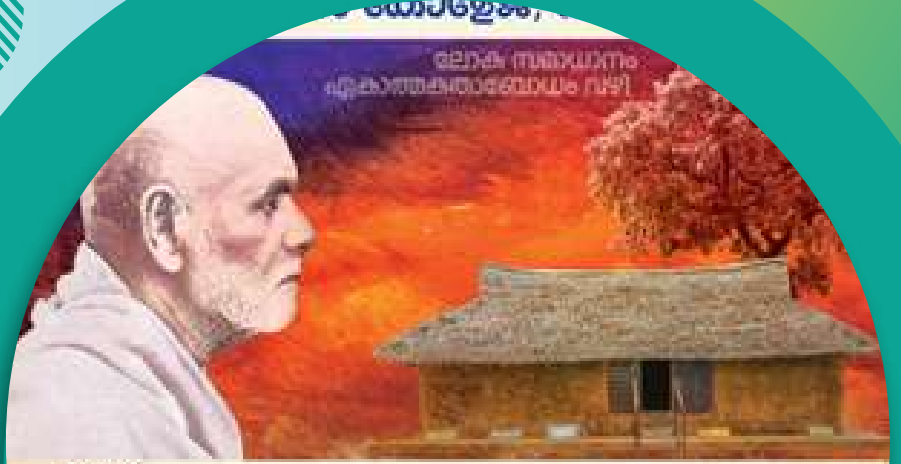
The Electoral Enrollment Camp held at the College was a significant initiative aimed at promoting civic engagement and encouraging students to participate in the democratic process. Organized in collaboration with local electoral authorities, the camp provided students with the opportunity to register as voters and learn about the importance of exercising their franchise.

Throughout the camp, students were guided through the voter registration process by trained staff from the electoral commission. Information booths were set up to provide guidance on eligibility criteria, documentation requirements, and other relevant details.

In addition to voter registration, the camp also included awareness sessions on the electoral process, voter rights and responsibilities, and the importance of informed decision-making. Interactive activities and quizzes were conducted to engage students and reinforce key concepts.

# SEMINAR - WORLD PEACE THROUGH UNITIVE UNDERSTANDING

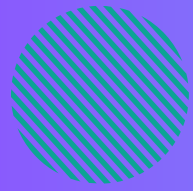
08/02/2024



മന്യര,  
നാശാണ ഗുരുകൃഷ്ണ ശങ്കരൻ്റെ ആഘോഷം-അതിരുകളില്ലാത്ത  
സംസ്കൃത ഗുരു നിത്യജ്ഞാനത്തിലൂടെ  
അനുഭവം-ആഘോഷം-അതിരുകളില്ലാത്ത. ഓരോരവ്വി  
ക സമാധാനം  
അർത്ഥകതാബോധം വഴി  
(through Unitive Understanding")  
അധികരിച്ച  
സംസ്കൃത  
ഓരോരവ്വി 10.00 മുതൽ  
പ്രദർശനം



In pursuit of fostering global harmony and understanding, College hosted an invited talk on "World Peace through Unitive Understanding." Held on 08/02/2024, the talk aimed to explore the role of unitive understanding in promoting peace, tolerance, and mutual respect among diverse communities worldwide. The talk facilitated thought-provoking discussions and interactive exchanges, allowing participants to explore ways in which unitive understanding can be cultivated and applied in their personal lives and communities. It also highlighted the significance of education, dialogue, and collaborative action in addressing conflicts, promoting social justice, and building a more inclusive and harmonious world.



**05/03  
2024**

# ELECTION AWARENESS CLASS



COLLEGE KONNI, P  
Affiliated to MG University Kottayam  
Re accredited by NAAC with 'A' Grade

## Election Awareness

Date 5 / 3 / 2024

2024 ഓഗസ്റ്റിലെ തിരഞ്ഞെടുപ്പിനെക്കുറിച്ചുള്ള വിദ്യാർത്ഥികളുടെ അറിവ് വർദ്ധിപ്പിക്കുന്നതിനായി നടത്തിയ പ്രത്യേക പരിപാടി.

Awareness Session handled by : Abdul Kalam  
(Pramadom Village officer)  
Kannan. S. Nair  
(Clerk Pramadom village)  
Alex C George  
(Clerk Pramadom vill

Time 10 am

@ Seminar H

The Election Awareness Class organized in the college was a significant initiative aimed at educating students about the electoral process and promoting civic engagement. Held on 05/03/2024, the class provided participants with valuable insights into the importance of elections in a democratic society and their role as responsible citizens. The session began with an overview of the electoral system, including the electoral cycle, voting procedures, and the significance of elections in shaping governance and public policy. Guest speakers, including representatives from electoral authorities and civil society organizations, shared information about voter registration, electoral reforms, and the role of youth in electoral politics.





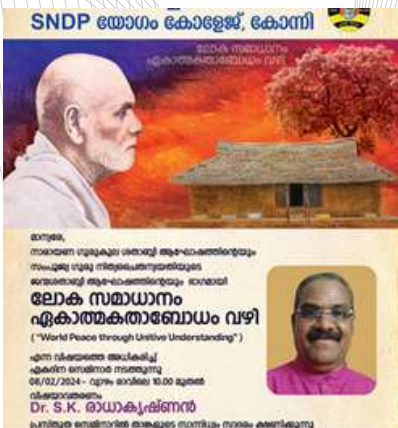
**22/01/2024 - 23/01/2024 National Seminar by IQAC in association with INPA**

The National Seminar on "The Role of Media and Courts in Safeguarding Democracy," organized by the Internal Quality Assurance Cell (IQAC) in association with the Institute of Parliamentary Affairs, Government of Kerala, served as a platform for critical discourse and deliberation on the fundamental pillars of democracy. Esteemed scholars, legal experts, media professionals, and policymakers converged to explore the intricate dynamics between the media and the judiciary in upholding democratic principles and ensuring accountability and transparency in governance.

x



**08/02/2024 Seminar - World Peace through Unitive Understanding**





# BLOOD DONATION CAMP

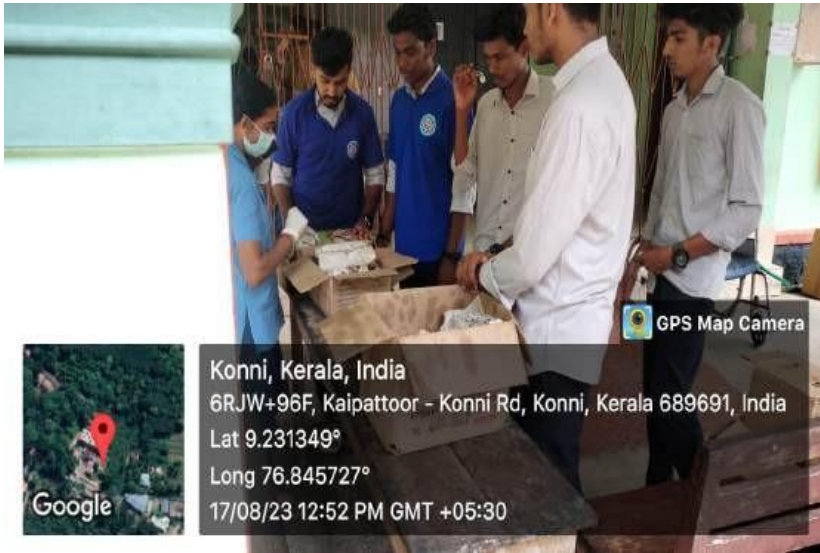


# INDEPENDENCE DAY



## VISHAPPURAHITHA KONNI

Food distributed at hospital conducted every week.



## Lunch food distribution at hospital



### SUICIDAL PREVENTION DAY

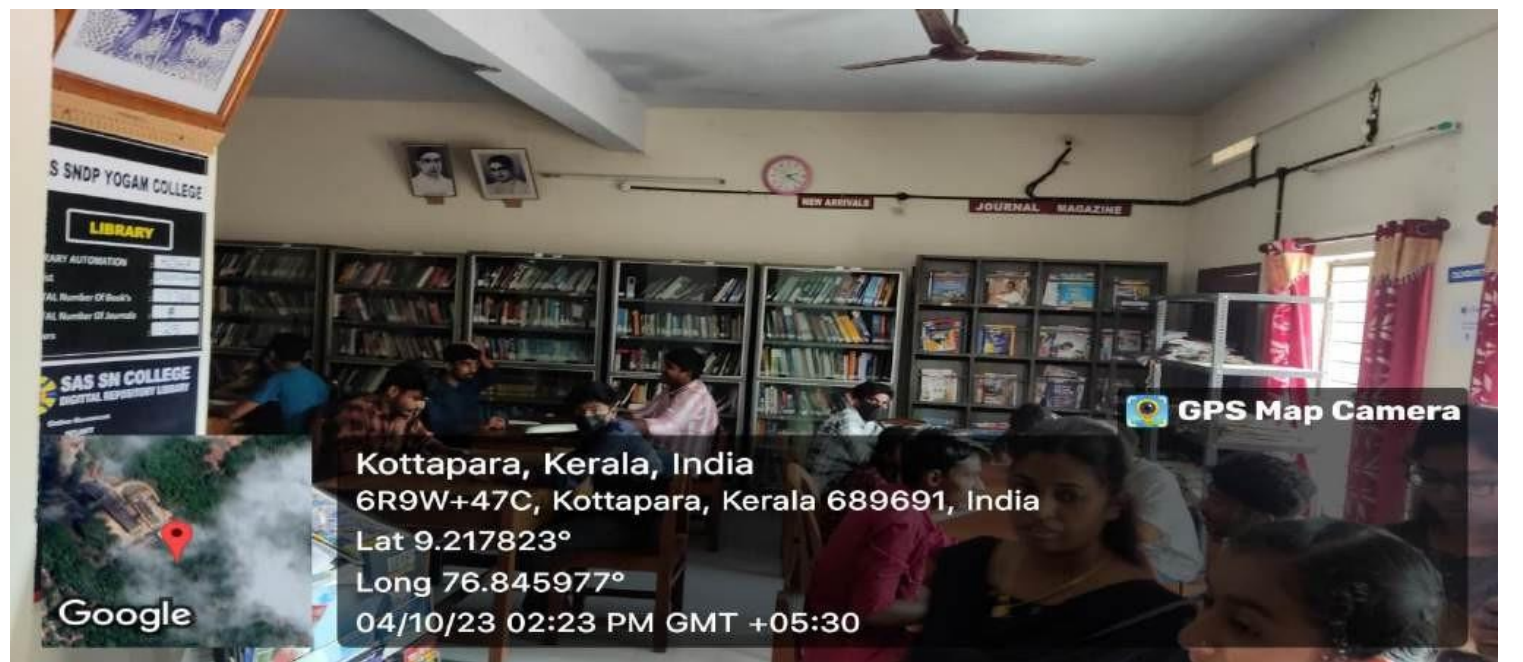
Suicidal prevention day awareness class conducted at mini seminar hall in association with Govt homeopathy Dept and

# Jeevani project.



# GANDHIJAYANTHI

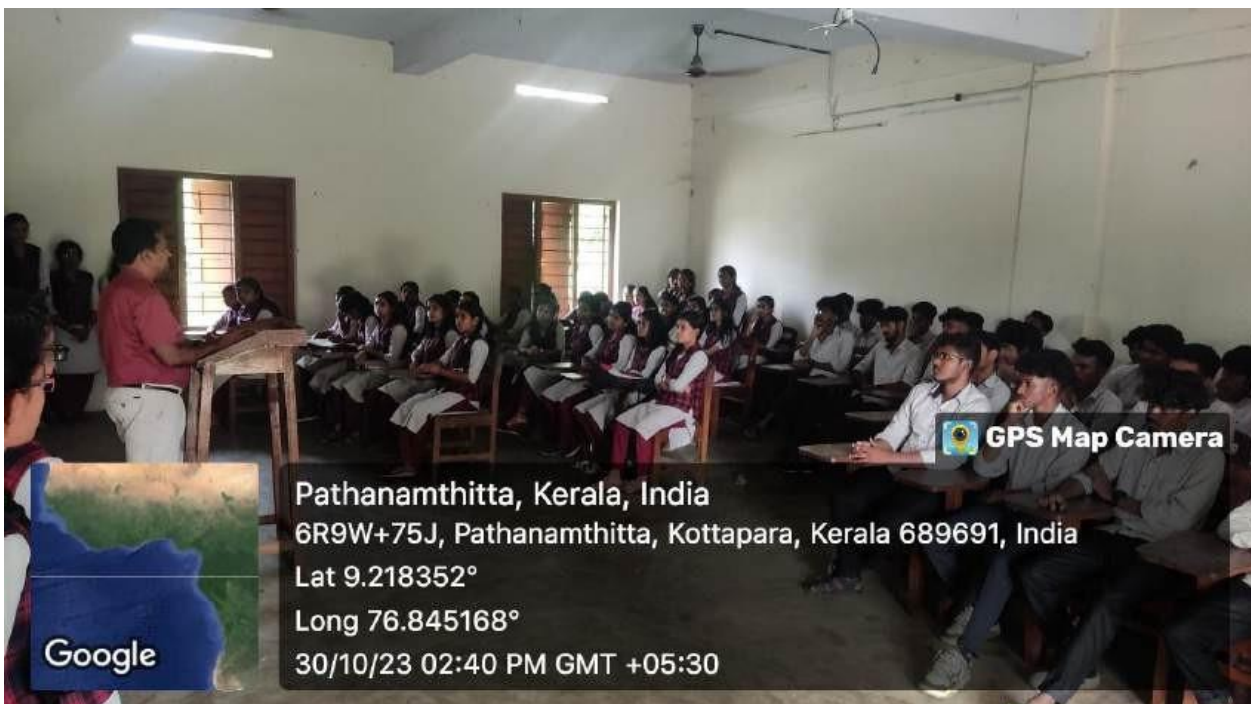
Ghandhi Jayanti quiz conducted at library hall.



## UNITY DAY

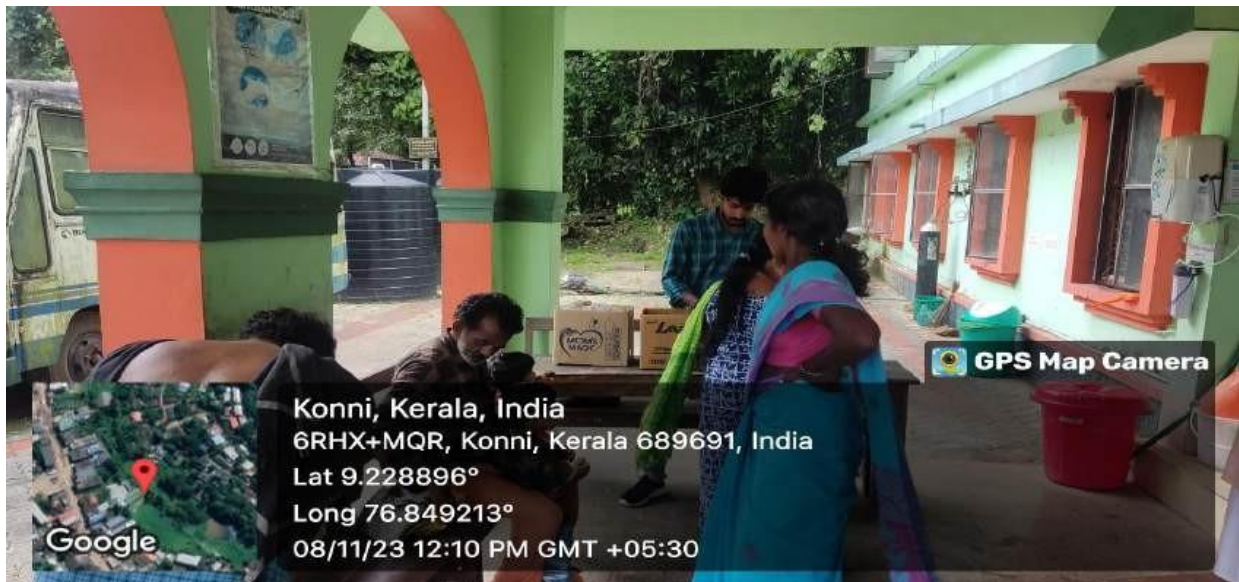
Pledge to Dedicate oneself to preserving the  
unity,

*integrity, and security of the nation.*



# MENTAL HEALTH DAY

## Lunch food distribution at hospital





# CHILDREN DAY

Celebrated children's day at adopted school and gifted school accessories.

**SAHODARAN AYYAPPAN SMARAKA**  
**SNDP YOGAM COLLEGE KONNI, PATHANAMTHITTA**  
Affiliated to MG University Kottayam  
Re accredited by NAAC with 'A' Grade

**National Service Scheme**  
Unit no : 67

**സ്മരണസമ്മാനം**  
" ശിശുദിനത്തിൽ ദത്ത് സ്മരണ സമ്മാനമായി NSS വോളണ്ടിയേഴ്സ് "

Principal  
Prof Dr Kishor Kumar B. S

Program Officer's  
Dr Rajesh N  
Smt Deepthi K S



## AIDS DAY

An interactive session on the basics of ADIS and its importance, preventions and pledge on it.



## PALLIATIVE CARE AWARENESS CLASS

An informative class about palliative care and its methods, key points to check and care.



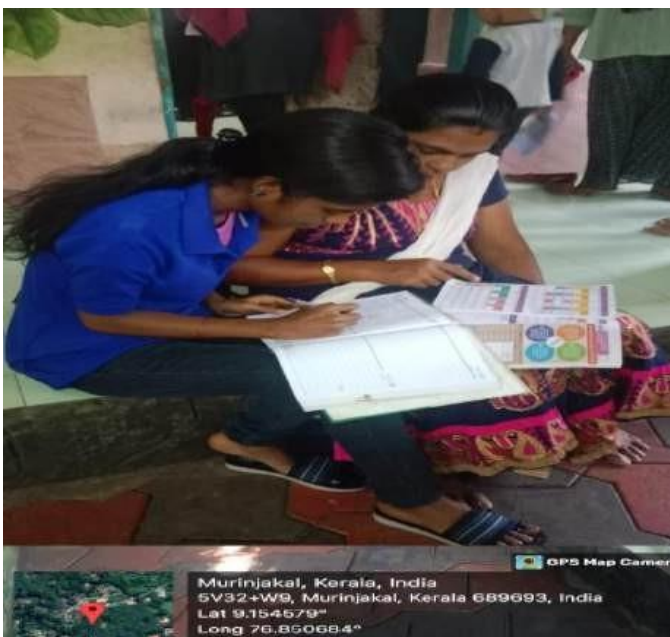
## CANCER DAY

On cancer day held a speech about its knowledge and lighting a candle for hope and representing the unity.



## POLIO VACCINE CENTRE DUTY

NSS volunteer helping and assisting at nearest polio centre to extent the efficiency of polio awareness.



## ELECTION AWARENESS CLASS (SWEEP)

Awareness session held by election officers to pass by the information about voter's id card registration and election information.



